

Surfers Paradise Surf Life Saving Club

NEWSLETTER february 10



Ph: (07) 5531 5966

Fax: (07) 5539 9466

admin@surfersparadiseslsc.com.au www.surfersparadiseslsc.com.au

DIARY DATES

19/20 Feb	Laerdal State Surf Rescue Champs
26 Feb	Kaike LSC Team arrive (to 2 March)
5-7 Mar	Masters & Senior State Champs – Kurrawa
16/17 Mar	Masters Australian Championships – Kurrawa
18-21 Mar	Australian Championships – Kurrawa
16-18 Apr	Junior State Champs – Emu Park
3 Jul	Annual Dinner
4 Jul	AGM

AUSSIES 2010

Check out <http://www.aussiechamps.com.au/Home.aspx>

PRESIDENT'S REPORT

Hello, another very busy patrolling month in January with the odd mass rescue and plenty of preventative actions by our people on patrol. We've had a bit of a patrol shuffle in January for some because of the increased numbers patrolling now, and the need to balance out some patrols where numbers were down. Thanks for those members for accommodating these changes.

In surf competition, plenty has been happening with local carnivals at North Burleigh and Tugun. The most pleasing thing of note with these is seeing some of the older nipper competitors competing in the senior carnivals and acquitting themselves well in a range of events. We now have competitors in the first aid competitions as well as Champion Lifesaver events, all going very well. Well done to those who are representing the club in these events.

Our annual pilgrimage to the Manly and Freshwater carnivals whilst staying at North Narrabeen Surf Club was another success, particularly in competition for some. Of most benefit for these trips is the bleeding of the younger members in what it is about to go away in a team with the older ones. They learn a great deal about themselves - memories of being beaten over the head with pillows in the proclaimed "tunnel of death" and how they enjoyed themselves will last them a lifetime.

We had a Special General Meeting during January to seek approval from members for borrowing additional money to improve our upstairs area. Some robust discussion was had and members have approved borrowing up to \$400,000 to effect these improvements. I thank all who attended, it was very good to see the level of interest and hear from the members on this important matter. The only issue we now confront is continuing reports that the council is leaning towards moving the road from the front of the club, to behind us. More will be known on this in the coming months and if this occurs (and wouldn't we like to see that), there will be considerable impact on what we had planned and what we may need to alter from those plans.

Busy times are ahead with our sister club Kaike visiting again later this month, Branch, State and Aussie Titles coming up, and the big swells we seem to get around this time of year as we get into storm season.. so very busy patrolling..

All the best during February and into March.

*Warren Peters
President*



Some of the crew at Freshwater on Australia Day

SYDNEY 2010

A great team headed off to Sydney for the annual Manly and Freshwater carnivals. This was probably the largest team to go for many years with quite a few first timers. The team competed at three carnivals including the open carnival at Manly, the boardriding at Manly and the Australia Day carnival at Freshwater. North Narrabeen SLSC were wonderful hosts and opened the doors of their club and let us use it as though it were ours. They also provided their 25 seater bus, organising Paul, one of their members, to come to the airport and collect us all. Unbelievable hospitality!



Jaeden, Danny, Max & Ziggie – 2nd then 1st – Great work!

The team enjoyed some home cooking at the Club and special thanks to new recruits Raewyn Jones, Robyn Pointing and Jenny Demeral for an outstanding job in the kitchen more than once! We had BBQ night, spaghetti/ pasta night, pizza night just to name a few. We headed to Dee Why RSL for some dinner and bowling one night which always goes over a treat.



Relaxing on the deck at North Narrabeen Matt, Michaela, Maisie, Max, Matt, Zac, Andrew, Harrison & Danny (clockwise from left)

There was still some down time for the kids to enjoy surfing at North Narrabeen, cricket, Xbox and the now infamous "tunnel of death".



Jane, Megan & Laura at Narrabeen ocean pool

Thank you to everyone who made this trip so enjoyable and we hope all you first timers will make this an annual trip!



Danny & Raewyn Jones

KAIKE LSC - JAPAN

The team arrives on Friday 26th February at 8am for a very short visit – they leave Tuesday 2nd March at 10am. There will be 10 members of the team plus Ikuno their interpreter (and her husband and daughter). Mandy will be in contact with those members who are assisting with this visit.

THANK YOU

Our boat crew snapped their (very old) sweep oar a few weeks ago and Jason Pointing has taken it and restored it as new. Thank you Jason! That means we now have a spare oar – or we're short one boat? Either way, much appreciated and you really can't do much with a surf boat without it.

NIPPER NEWS

It was another big month for some of our juniors. Several U14s travelled to Sydney to compete in the Manly and Freshwater carnivals with some pleasing results. Several U12s to U14s turned out for the South Coast Branch Surf Rescue Championships at Broadbeach and to say we cleaned up would be an understatement. Full results in this newsletter. We came away with medals for Champion

Lifesaver in every age group and a gold medal in the U15 Patrol Competition. The following will now go to State and represent Surfers and SCB in U14 female champion lifesaver – Michaela Henderson, U14 male champion lifesaver – Danny Pointing, Zigge Zantiotis, Harrison Jones, U15 patrol Comp – Michaela Henderson, Danny Pointing, Ziggy Zantiotis and Harrison Jones.

North Burleigh carnival was cancelled last weekend due to rough seas and blue bottles. Our next hit out will be the Branch titles at Mermaid in March which will be our State selection trials also. Over the next week I will be sending out information on the State Titles at Emu Park in April with information on travel and accommodation costs. We will need to raise money for this and our first opportunity will be on Feb 21st with a BBQ at Bunnings at Southport. If you can help please see Debbie Hibbard.



Danny Jones
JAC Chairman

COACHING NEWS

Hi guys,

It has been a flat out month for surf sports with the completion of the Ocean's 38 series, Sydney carnivals and Branch Surf Rescue. Our Club has had a wide range of people competing across many different events which is fantastic to see! We have fielded teams in all age groups and have seen some fine performances by our members. Congratulations to everyone that has been involved!

February brings with it the senior Gold Coast City Titles and State Surf Rescue Championships. Surfers will again be well represented at these events. Look out particularly for our new Belt Swimmers, Luke Bartlett and Finley Taylor, as they look to keep up the good form of the past month. Go boys!

With State and Aussies just around the corner, rest assured our competitors will be working hard to do the club proud.

Please let me know if you have any questions regarding coaching: lagunapt@hotmail.com or 0418 761 681. See you at the beach!

Zayne Hamill
Senior Coach

SURF RESCUE CHAMPIONSHIPS

Branch Surf Rescue Competition - On the weekend of the 16th & 17th January, Surfers Paradise members competed in the U11 to Open Branch Surf Rescue Championships at Broadbeach. The events contested were the Champion Lifesaver, Patrol Competition and First Aid Competition. These events involve a mixture of activities including water events such as surf and board races as well as theory papers, resus on manikins, patient assessments, First Aid and Patrol Scenarios. Our competitors performed extremely well with Surfers Paradise coming second in the overall pointscore. Congratulations to everyone on your performances and on the way you represented the Club. All those that competed in the U14 age groups and above qualified for the State Titles which will be held at Dicky Beach later this month. Good luck to those competing at States and I hope to see everyone back again next year.

Finley Taylor
Surf Rescue Coach

RESULTS

Masters Carnival – 16 Jan – Alexandra Headland

- 1st 45-49 Ironman – Craig Chapman
- 1st 45-49 Board – Craig Chapman
- 1st 45-49 Surf Race – Craig Chapman
- 1st 45-49 Rescue Tube – Darryl Blackburn
- 1st 45-49 Board Rescue – Craig Chapman, Darryl Blackburn
- 1st 130 Surf Teams – Andrew Thomas, Craig Chapman, Darryl Blackburn
- 2nd 40-44 Beach Sprint – Andrew Worling
- 2nd 45-49 Surf Race – Darryl Blackburn
- 3rd 35-39 Board – Glenn Van Drunen
- 3rd 40-44 Rescue Tube – Andrew Thomas
- 4th 35-39 Board Rescue – Andrew Worling, Glenn Van Drunen
- 4th 110 Male Board Relay – Andrew Worling, Craig Chapman, Glenn Van Drunen
- 4th 110 Taplin Relay – Andrew Thomas, Andrew Worling, Glenn Van Drunen
- 5th 40-44 Ironman – Andrew Worling
- 5th 45-49 Rescue Tube – Craig Chapman
- 5th 45-49 Board – Darryl Blackburn
- 6th 40-44 Rescue Tube – Andrew Worling

Branch Surf Rescue Champs – 16/17 Jan - Broadbeach

- 1st U12 Female Champ Lifesaver – Paige Holden
- 1st U13 Female Champ Lifesaver – Christie Short
- 1st U14 Female Champ Lifesaver – Michaela Henderson
- 1st U14 Male Champ Lifesaver – Danny Pointing

- 1st U15 Patrol Comp – Danny Pointing, Harrison Jones, Michaela Henderson, Ziggie Zantiotis
- 2nd U12 Female Champ Lifesaver – Maritza Zantiotis
- 2nd U13 Female Champ Lifesaver – Abbey Short
- 2nd U14 Male Champ Lifesaver – Ziggie Zantiotis
- 2nd Open Patrol Comp – Finley Taylor, Leon Zagel, Luke Bartlett, Luke Lorenzin, Zac Orchard, Zayne Hamill
- 3rd Open First Aid – Louise Gardiner, Scott Andrews
- 3rd Open Male Champ Lifesaver – Finley Taylor
- 3rd U11 Female Champ Lifesaver – Jessica Zygadlo
- 3rd U13 Male Champ Lifesaver – Bayden Zygadlo
- 3rd U14 Male Champ Lifesaver – Harrison Jones
- 4th U13 Female Champ Lifesaver – Brittany Wagstaff

Open Surf Carnival – 23 Jan – Manly, Sydney

- 2nd U14 Sprint Relay – Danny Pointing, Ziggie Zantiotis, Jaeden Sasaki, Max Dempsey
- 3rd U14 Flags – Max Dempsey
- 3rd U15 2km Run – Danny Pointing
- 3rd U17 Board – Zac Orchard
- 5th U15 2km Run – Ziggie Zantiotis
- 6th U14 Board – Jaeden Sasaki
- 6th U19 Flags – Matt Peters

Open Surf Carnival – 26 Jan – Freshwater, Sydney

- 1st U14 Sprint Relay – Danny Pointing, Ziggie Zantiotis, Jaeden Sasaki, Max Dempsey
- 2nd U14 Flags – Max Dempsey
- 3rd U14 Flags – Ziggie Zantiotis
- 3rd U17 Board – Zac Orchard
- 4th U14 Sprint – Max Dempsey
- 4th U14 Flags – Danny Pointing
- 5th U19 Flags – Matt Peters

Oceans 38 Round #3 – 30/31 Jan - Tugun

- 1st U19 Sprint – Matt Peters
- 2nd U19 Flags – Matt Peters
- 2nd Open Flags – Warren Peters
- 3rd Open Flags – Matt Peters
- 3rd Open Beach Sprint – Matt Peters
- 3rd U15 Flags – Max Dempsey
- 4th Open Surf Belt – Luke Bartlett (Wren Bligh, Zayne Hamill, Zac Orchard, Aaron Short)
- 5th U14 Board – Michaela Henderson
- 6th Open Surf Belt – Finley Taylor (Barry Aplin, Leon Zagel, Luke Lorenzin, Andrew Worling)

Carnival cancelled half way through Sunday and finals of most water events not ran.

FOR SALE

If anyone is interested in purchasing a second hand paddle mal for training and/ or competition, I own a Dolphin suited for approx. 55-65kg and I'm looking to sell it for \$850. It's in very good condition, suit male or female (left or right handed - handles on both sides of the board). If you wish to have a look, it is sitting in the rescue board racks at the back of the clubhouse. Please give me a call on 0415 397 773 if you're keen. Cheers, Jane Laker



***** SENIOR TRAINING SCHEDULE *****

Day	Time	Session	Venue
Monday	4.30pm	Board	Budds Beach
Tuesday	6am	Sprint Training	Emmanuel College
	4.30pm	Ski	Surfers Paradise
Wednesday	5pm	Run/Gym	Surfers Paradise
	5.30pm	Sprint Training	Surfers Paradise
Thursday	5.30am	Board	Surfers Paradise
	4.30pm	Ski/Board	Budds Beach
Friday	6am	Sprint Training	Emmanuel College
	4.30pm	Board	Surfers Paradise
Saturday	10am	Iron Session	Surfers Paradise
Sunday	8am	Sprint Training	Surfers Paradise

Sprint Training – Members 12+ who are serious about becoming beach sprinters should contact Warren Peters on 0413 742 439 if they would like to join in the training sessions. Also, Warren will advise you of any venue changes due to carnivals or weather.

TRAINING AND EDUCATION

We're well into the New Year and also past the half way point for the season.

Some of our course numbers have been down, however we plan to run courses over the off season as we know it's hard to balance your patrolling, competition and new award training throughout the season; we're all very busy.

We've had a small delay in our IRB plans due to some additional requirements from SLSQ and South Coast Branch in terms of course planning. We had planned to start a 'roving' IRB course, however due to the new procedures implemented it would be difficult to facilitate such a course. We'll look to kick off our IRB courses soon.

Please remember all members wanting/ needing to use the ATV must complete an ATV Induction. Many thanks to Paul Conroy for running the latest ones and Grahame Long for assisting. We'll continue to run at least one a month.

Also remember as of December 31, 2010, any member using a 4WD on the beach must have successfully completed the 4WD induction too!

New Awards

Here are our new award recipients for December and January. Well done everyone.

Bronze Medallion

Shae Walsh

Assessor Bronze Medallion

Breanna Andrews, Louise Gardiner

Advanced Resuscitation Certificate

Zachary Orchard

Defibrillator Certificate

Zachary Orchard

Operational First Aid

Louise Gardiner will soon be kicking off our next round of First Aid courses.

We will be offering two streams; an upgrade designed for existing members who have an old 'Senior First Aid' or Operational First Aid that is about to expire and a second full course. We are currently finalising the resources and will advise of dates once they are complete.

Important Training Dates at a Glance

Club Run Courses	
Bronze Medallion / Cert II / Surf Rescue Certificate	Underway
Advanced Resus/ Defib	TBA (March 2010)
Operational First Aid (New)	TBA (March 2010)
Operational First Aid (Update)	TBA (April 2010)
IRB Crew and Driver	TBA

New ALAQ 4WD Induction Award

The State Lifesaving Committee has endorsed the new 4WD Induction to be rolled out to Clubs and Branches.

***** Any club who operates a 4WD on beaches are required to up skill their members in this Induction by 31st December 2010 *****

You must be a minimum of 17 years of age and hold a MINIMUM of a Provisional Drivers Licence

Candidates will be required to perform a number of practical assessments as part of the course.

Initially, Patrol and Vice Captains and key personnel will be invited by the Club to undertake this course. Stayed tuned.

First Aid

Expired (now) -

Cassandra Sedgman, Dwayne Thuys, James Pedlow, Luke Lorenzin, Anthony Santoro, Richard Leal, Thomas Hughes, Glenn Van Drunen, Patrick Kelly, Cathryn Doran, Stuart Vial'l, John Brennan, Craig McCulloch, Angela O'Sullivan, Khan Hamill, Leon Zagel, Robert Garrett, Zayne Hamill, Rhys Ferszt, Cheyne Horan, Jane Laker, Steven Robson Jnr

Soon (within the next 3 months) -

Shane Anderson, Shane Lawler, Julie Cruttenden, Travis Catchpole, Paul Brennan

Scott Andrews
Chief Training Officer

e: cto@surfersparadiseslsc.com.au

p: 0411 198 391

Thank you for your support...

Ray White™

The **Surfers Paradise** Group



SURFERS PARADISE



Cavill Avenue Surfers Paradise

